DIS

TRANSPALATAL DISTRACTORS (TPD Classic – TPD All in one – TPD Neo)

THESE INSTRUCTIONS FOR USE MUST BE READ CAREFULLY PRIOR TO CLINICAL USE

ENGLISH

# Intended use

Surgically assisted rapid palatal expansion (SA-RPE) with a transpalatal distraction device is an established technique by which the upper jaw is surgically weakened at the buttress areas and widened by an expansion device that is fixed in the palate.

The maxilla regains its initial strength in the consolidation period after the distraction phase.

Surgi-Tec recommends to :

- use a TPD All in one if the distraction module can cover the required distraction distance.
- use a TPD classic if the distraction module needs to be changed during the treatment.
- use a TPD Neo if a slim shape is appropriate.

# Indications

Transpalatal distraction needed for the correction of :

- Maxillary constriction
- Dental malocclusions
- Dental crowding
- Mouth breathing
- Smile aesthetics

# Contra indications

- Pre-existing or suspected infection at or near the implantation site
- Known allergies and/or hypersensitivity to implant materials
- Limited blood supply and inferior or insufficient bone quality to attach the abutment plates
- Patients who are incapacitated and/or uncooperative during the treatment phase.
- Patients suffering from unsatisfactory oral hygiene.
- Patients with a history of immune deficiency, steroid therapy, problems with blood clotting, uncontrolled en-docrinological disease, rheumatic disease, bone disease, diabetic problems or cirrhosis of the liver or any other systemic or acute disease
- A TPD must not be used if the patient receives radiotherapy of the head.
- TPD Classic and TPD All-in-one: patients that have difficulties to distinguish the colour marks on the device (e.g. colour vision deficiency)
- Patients with gingival and periodontal diseases
- If the space between the right and left palatal crests is less than 15.5 mm, no TPD can be placed

# Possible adverse effects

- Loosening of the implant from insufficient fixation or screw failure
- Hypersensitivity to metal or allergic reactions
- Soft tissue irritation, nerve damage or root penetration through surgical trauma
- Early or late infection, both superficial and deep
- Elevated fibrotic tissue reaction around the surgical area
- Postsurgical swelling
- Oral hygiene problems
- Asymmetric expansion.
- Difficult removal due to bone overgrowth.
- Teeth damage
- Morbidities related to orthognathic surgery: postoperative haemmorhage frequent maxillary sinusitis, condylar resorption, TMJ problems, instable maxilla, tight intraoral scar, phonetic problems, obstruction of lacrimal canal after maxillary osteotomy, nasal bleeding, prolonged fatigue or pain postoperatively, false aneurysms and arteriovenous fistulas.

# Warnings and precautions

- Read all available documents before first use,
- Check the packaging for integrity, do not use if package is damaged
- Never use products that have been damaged by transport or improper handling,
- Products are delivered in non-sterile see through pouches and have to be sterilized before use
- TPD's may only be implanted by medical personnel who hold relevant qualifications and are familiarised with the procedure. Consult step by step procedures for detailed procedure instructions.
- Follow appropriate procedures for patients who are on anticoagulant, antiplatelet or aspirin therapy
- Treatment group: adults and children with confirmed skeletal maturity, but a surgeon must always rely on his/her clinical judgement when deciding whether to use a particular product when treating a particular patient.
- Respect the latency period of 5 to 7 days before starting distraction. Avoid over expanding by activating
  more than 2 markings daily.

- Inform the patient regarding the possible adverse effects. Stress the importance of oral hygiene and the necessity for periodical follow-up.
- Inform the patient clearly that a diasteme between the incisors will occur; (between 4 and 10mm), this will later be corrected by the orthodontic treatment after the distraction is achieved.
   Discuss the expectations of surgery inherent in the use of the product with the patient
   The patient should be advised to report any unusual changes in the midface and/or mandible region to the surgeon and should be closely monitored if an asymmetric change occurs.
- Surgi-Tec does not recommend a specific surgical procedure for a specific patient. The operating surgeon is responsible for choosing the appropriate transpalatal distractor for each specific case.
- Surgi-Tec advises to use only suitable Surgi-Tec screws and related Surgi-Tec instruments
- TPD's are intended for single use and may not be reused Re-use may compromise the structural integrity of the device and may create a risk of contamination due to the transmission of infectious material between patients. This could result in injury of the patient or user.
- The transpalatal distractor shall be removed and eliminated when no longer needed for orthodontic treatment.
- Implants that were used in a patient and removed, have to be disposed as medical waste in a dedicated container, in accordance with all local guidelines and/or your institution 's safety program.
- Do not bend the abutment plates of the TPD to adapt it to the patient's palate.
- Asymmetric expansion of the TPD could result in corrective orthognathic surgery

# Sterilization

- Surgi-Tec TPD abutment plates are made of Titanium Grade 2 DIN 3.7035
- The TPD distraction modules, osteosynthesis screws and locking screw are made of Titanium Grade 5 DIN 3.7165
- Transpalatal distractors are appropriately cleaned and are delivered in non-sterile see through pouches ready to be steam sterilized.
- The steam autoclaves must be in accordance with EN285 respectively EN13060 regarding validation, servicing, maintenance and control.
- Surgi-Tec recommends that sterilization is performed in accordance with following EN ISO 17665 validated process parameters
  - -Cycle : Pre-Vacuum (Dynamic air removal)
  - -Temperature : 134°C 137°C
  - -Exposure time : minimum 3 minutes
  - -Drying time : 30 minutes (in autoclave chamber)
- The responsibility for the maintenance and qualification of the sterilization equipment used by the user and the validation of user specific sterilization process lies with the user,
- After sterilization, the products must be stored in a dry and dust-free environment
- The maximum storage time is dependent on different factors such as the sterile barrier employed, storage manner, environmental conditions and handling
- The user should define a maximal storage time for sterile products until use. Within this defined time the products have to be used or reprocessed again.

Additional information can be found on the internet at <u>www.surgi-tec.com</u>

# Explanation of symbols



Please observe instructions for use

Do Not Re-use

Reference number

Lot number

Manufacturer

Non sterile product

Do not use if package is damaged



Medical device Class II.b

MANUFACTURED BY "SURGI-TEC" Poortakkerstraat 43 9051 SINT-DENIJS-WESTREM – BELGIUM www.surgi-tec.com

# **Step-by-step procedure** Trans Palatal Distractor - TPD All-in-One

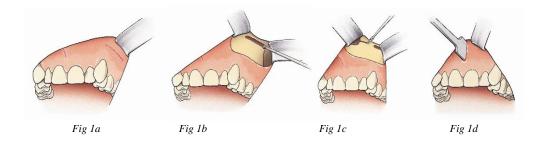
# ATTENTION

- Preoperative planning is advised in full cooperation with the surgeon and the orthodontist.
- The accurate device can be chosen by the use of the TPD Dummies.
- Each dummy is an exact copy of its correspondent TPD device. (Abutment plates and distraction module).
- Take care when presenting the dummies into the palate, to acid the mucosa thickness.

# STEP 1

Corticotomies are performed as usual for SA-RPE, with transection of the median, anterior and lateral support (Fig Ia-d). The median support is split by a median buccal approach. Septal release is

performed. Bleeding from a small artery within the osseous triangle forming the lateral nasal wall and lateral maxillary walls frequently occurs and must be treated adequately to avoid postoperative bleeding problems. The transsection can be performed with a round bur (preferably 33 mm to allow drainage into the sinus) for the lateral support, a small Lindemann bur or a smaller round bur for the anterior support, as well as with a small straight sharp osteotome for the median support. Mobilisation of the segments is done by prying motions with the osteotome (Fig Id). Control by hand if both segments shows equal.



### STEP 2

After application of local anaesthesia with a vasoconstrictor, two incisions of 1 cm long are made in the palatal gingival over the roots of the second premolars (3/2 expansion canine/first molar) or the first molars (parallel expansion when the pterygo-maxillary junction is also released) (Fig 2). A small relieving incision is made perpendicular to end in the middle of the first incision

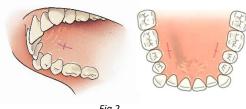


Fig 2

#### STEP 3

Advantageously while placing the device, the TPD placing instrument (Ref 03-706W) can be used to keep the distractor device in a correct position to insert a screw.

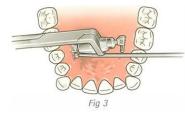
The abutment plate of the TPD All-in-One device, marked with the character "L" (left), is placed subperiosteally, on the bone surface on the left side of the patient (Fig 3). The abutment plate of the TPD All-in-One device, marked with the character "R" (right), is placed on the right side of the patient.

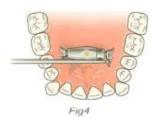
By this way the distraction module of the TPD All-in-One device is placed with the holes for the blocking screw on the right side of the patient.

Caution: Both characters L (left) and R (right) need to be clearly visible while looking in the mouth

# STEP 4

Insert the first 7 mm monocortical self drilling screw of 2.0 mm diameter (Ref 70-707S), only halfway depth with the internal screwdriver insert (Ref 99-909S) mounted in its handpiece (Ref 99-901A) (Fig 4). Insert the second 7mm screw only **halfway depth** 





# STEP 5

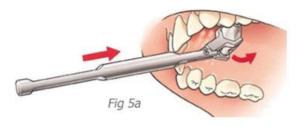
Place the TPD Distractor wrench (Ref 03-951A) horizontally into the mouth of the patient and bring the head of the wrench over the distraction module of the TPD All-in-One device (Fig 5a).

Alternative activation is also possible with the TPD Patient wrench (Ref. 03-950S) (Fig 5b).

Gently push the handle distally to rotate the module from cranially to caudally (downwards) and activate until light pressure is obtained between the two bone surfaces.

#### Warning:

While placing the TPD All-In-One device avoid at any time to try activation in opposite direction. If so, the distractor module will be blocked against the abutment plates, and this handling will cause inevitable breakage of the distraction rod.





# **STEP 6**

Once the distraction module is in horizontal position, tighten rigidly both osteosynthesis screws by using the external screwdriver insert (Ref 99-910S) mounted in its handpiece (Ref 99-901A) (Fig 6). Activate the module until a diasteme occurs of 2 mm between the incisors to control the opposition force.

Deactivate by means of the TPD Patient wrench (Ref 03-950S) in opposite way, until the incisors return to their original place and tension disappears. One resorbable suture on the posterior incision line is a safe measure against postoperative bleeding from the palatal branches.

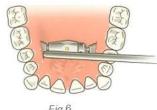
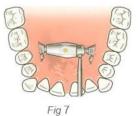


Fig 6

### STEP 7

Rotate the module in a position that one of the three boreholes for the blocking screw becomes visible. Insert the locking screw (Ref 99-100S) in the bore with the internal screwdriver only (Ref 99-909S) without the screwdriver handpiece (Ref 99-901A) to avoid damaging the screw-thread in the module (Fig 7).



#### **STEP 8**

After one week latency period the locking screw (Ref 99-100S) has to be removed by using the screwdriver (Ref 99-I0IA).

#### STEP 9 Activation

The patient is asked to activate the TPD All-in-One device 1/3 mm (1 colour code) twice a day with TPD Patient wrench (ref. 03-950S) by rotating it downwards, from cranially to caudally until the next colour code appears. Colour codes are red, yellow and blue (3 colour codes = 1 full turn = 1 mm.).

# Attention : use of the TPD Patient wrench

Bring the wrench head over the module, with the handle close to the upper incisors (Fig. 8) and pull downwards until the handle touch the lower teeth.

Remove the wrench and turn the wrench head (180°).

Bring the wrench head again over the module, and repeat to pull downwards until the next colour code appears. In difficult cases (restricted mouth opening) the TPD Distractor wrench (Ref 03-951A) can be useful (Fig 9)..



Fig 8



Fig 9

### STEP 10 Achieved expansion period

Once the necessary expansion is achieved, a new locking screw (ref. 99-100S) must be inserted in one of the three boreholes of the TPD All-In-One distraction module, by means of the small screwdriver (ref. 99-I0IA). Control after the first stabilization if the osteosynthesis screws are suntil fixed. Retightening is recommended under local anesthesia.

# Attention:

Before inserting the locking screw, clean accurate the insertion hole.

Do not tighten the locking screw hardly to avoid damaging the screw-thread of TPD All-In-One distraction module. Beware to insert the locking screw if some friction occurs. In case of any friction, turn slowly the screwdriver from right to left and back until the correct entrance is found in the thread of the screw hole, and there is no friction feeling while inserting the locking screw

# STEP 11

The consolidation period should be at least 4 months.

# **STEP 12 Orthodontic treatment**

Arch wire appliance is needed to control a perfect dental arch and avoids a U-shape arch phenomena. This to control the expansion less or more anterior, or posterior. Orthodontic alignment can start 1 month or earlier after the end of activation.

# STEP 13 Removal of the TPD All-In-One device

- Apply local anesthesia.
- Clean carefully the insert hole in the locking screw, before inserting the small screwdriver (Ref 99-101A).
- Unscrew the locking screw (ref. 99-100S)
- Unscrew a few turns, the osteosynthesis screws (ref.70-707S) in the abutment plates of the TPD All-in-One device.
- Deactivate the distraction module of the TPD All-in-One device with the TPD Patient wrench (revolve the wrench upwards from caudally to cranial) revolve three full turns upwards.
- In case distraction rod is damaged by the locking screw, the rod needs to be cut.
- Remove the osteosynthesis screws (ref. 70-707S) and revolve the distraction module to complete removal.

# Step-by-step procedure

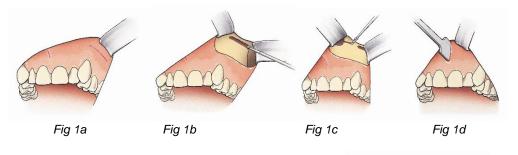
Trans Palatal Distractor - TPD Classic

# ATTENTION

- Preoperative planning is advised in full cooperation with the surgeon and the orthodontist.
- The accurate device can be chosen by the use of the TPD Dummies.
- Each dummy is an exact copy of its correspondent TPD device. (Abutment plates and distraction module).
- Take care when presenting the dummies into the palate, to acid the mucosa thickness.

# STEP 1

Corticotomies are performed as usual for surgically assisted rapid palatal expansion (SA-RPE), with transsection of the median, anterior and lateral support (Fig 1a-d). The median support is split by a median buccal approach. Septal release is only performed in unilateral expansion. Bleeding from a small artery within the osseous triangle forming the lateral nasal wall and lateral maxillary walls frequently occurs and must be treated adequately to avoid postoperative bleeding problems. The transsection can be performed with a round bur (preferably 33 mm to allow drainage into the sinus) for the lateral support, a small Lindemann bur or a smaller round bur for the anterior support, a 1 cm wide sharp osteotome for the median support. Mobilization of the segments is done by prying motions with the 1 cm wide osteotome (Fig 1d).



# STEP 2

After application of local anaesthesia with a vasoconstrictor, two incisions of 1 cm long are made in the palatal gingival over the roots of the second premolars (3/2 expansion canine/first molar) or the first molars (parallel expansion when the pterygo-maxillary junction is also released) (Fig 2). A small relieving incision is made perpendicular to end in the middle of the first incision.

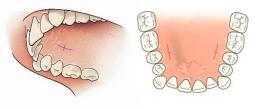
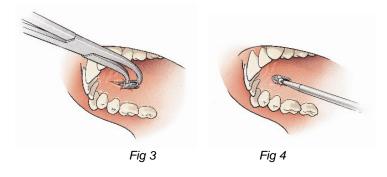


Fig 2

#### STEP 3

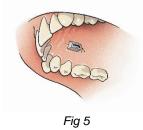
The abutment plates (Ref 03-800A) are placed subperiosteally, on the bone surface (Fig 3). Care should be taken to place the boxlike extensions 30° on the base plate, in a horizontal fashion and opposite to each other. The abutment plates are marked left (L) and right (R). The plates are fixed with 7 mm monocortical self-drilling screws of 2,0 mm diameter (Ref 70-707S) (Fig 4).

Caution: Both characters L (left) and R (right) need to be clearly visible while looking in the mouth



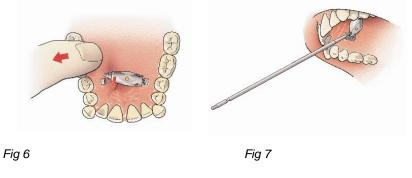
# STEP 4

One resorbable suture on the posterior incision line is a safe measure against postoperative bleeding from the palatal branches (Fig 5).



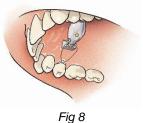
### STEP 5

The proper module is installed preoperatively (Fig 6). Placement requires some prying of the segments and adjusting of the wings of the module. The module should be placed such that expansion will occur when the patient rotates from cranially to caudally. This means with the holes for the locking screw to the right. The module is secured with a locking screw (Ref 99-100S). This is best done by adjusting the screw in the bore with the internal screwdriver only (Ref 99-909S), without the screwdriver handpiece (Ref 99-901A) to avoid damaging the screw-thread in the module (Fig 7).



# **Attention**

The module is preferably fixed bilaterally to the bicuspids with a fine titanium ligature for safety reasons. Small holes are for that purpose provided in the distraction screws (Fig 8).



#### STEP 6

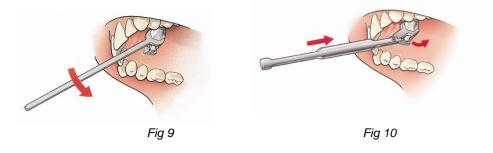
After one week latency period the locking screw (Ref 99-100S) has to be removed by using the screwdriver (Ref 99-I0IA).

### **STEP 7 Activation**

The patient is asked to activate the TPD device 1/3 mm (1 colour code) twice a day with the TPD Patient wrench (Ref 03-950S) by turning it downwards until the next colour code appears. Colour codes are red, yellow and blue (3 colour codes = 1 full turn = 1 mm).

#### Attention : use of the TPD Patient wrench

Bring the wrench head over the module, with the handle close to the upper incisors and pull downwards until the handle touch the lower teeth (Fig 9). Remove the wrench and turn the wrench head (180°). Bring the wrench head again over the module, and repeat to pull downwards until the next colour code appears. In difficult cases (restricted mouth opening) the TPD Distractor wrench (Ref 03-951A) can be useful (Fig 10).



#### STEP 8

The module can easily be exchanged for a larger model when this seems necessary

#### **STEP 9 Achieved expansion period:**

Once the necessary expansion is achieved, a new locking screw (Ref 99-100S) must be inserted in one of the three boreholes of the TPD distraction module, by means of the small screwdriver (Ref 99-101A). Control after the first stabilization if the osteosynthesis screws are suntil fixed. Retightening is recommended under local anesthesia.

#### Attention:

Do not tighten the locking screw hardly to avoid damaging the screw-thread of TPD distraction module. Beware to insert the locking screw if some friction occurs. In case of any friction, turn slowly the screwdriver from right to left and back until the correct entrance is found in the thread of the screw hole, and there is no friction feeling while inserting the locking screw.

#### STEP 10.

The consolidation period should be at least 4 months.

#### STEP 11. Orthodontic treatment:

Arch wire appliance is needed to control a perfect dental arch and avoids a U-shape arch phenomena. This to control the expansion less or more anterior, or posterior. Orthodontic alignment can start 1 month or earlier after the end of activation.

# STEP 12 Removal of the TPD device:

- Apply local anesthesia.
- Clean carefully the insert hole in the locking screw, before inserting the small screwdriver (Ref 99-101A).
- Unscrew the locking screw (Ref 99-100S).
- De-activate the distraction module of the TPD Classic with the TPD Patient wrench (Ref 03-950S) and remove the module .
- In case distraction rod is damaged by the locking screw, the rod needs to be cut.
- Unscrew the osteosynthesis screws (Ref 70-707S) and remove the abutment plates (Ref 03-800A).

# Step-by-step procedure Trans Palatal Distractor - TPD Neo

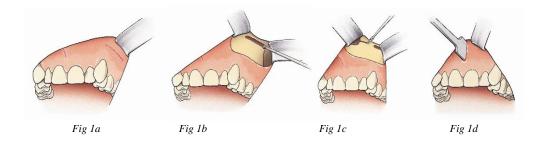
# ATTENTION

- Preoperative planning is advised in full cooperation with the surgeon and the orthodontist.
- The accurate device can be chosen by the use of the TPD Dummies.
- Each dummy is an exact copy of its correspondent TPD device. (Abutment plates and distraction module).
- Take care when presenting the dummies into the palate, to acid the mucosa thickness.

### STEP 1

Corticotomies are performed as usual for SA-RPE, with transection of the median, anterior and lateral support (Fig la-d). The median support is split by a median buccal approach. Septal release is

performed. Bleeding from a small artery within the osseous triangle forming the lateral nasal wall and lateral maxillary walls frequently occurs and must be treated adequately to avoid postoperative bleeding problems. The transsection can be performed with a round bur (preferably 33 mm to allow drainage into the sinus) for the lateral support, a small Lindemann bur or a smaller round bur for the anterior support, as well as with a small straight sharp osteotome for the median support. Mobilisation of the segments is done by prying motions with the osteotome (Fig Id). Control by hand if both segments shows equal



### STEP 2

After application of local anaesthesia with a vasoconstrictor, two incisions of 1 cm long are made in the palatal gingival over the roots of the second premolars (3/2 expansion canine/first molar) or the first molars (parallel expansion when the pterygo-maxillary junction is also released) (Fig 2). A small relieving incision is made perpendicular to end in the middle of the first incision

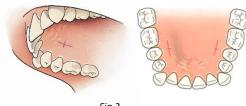


Fig 2

## STEP 3

Advantageously while placing the device, the TPD placing instrument (Ref 03-506W) can be used to keep the distractor device in a correct position to insert a screw.

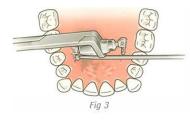
The abutment plate of the TPD Neo device, marked with the character "L" (left), is placed subperiosteally, on the bone surface on the left side of the patient (Fig 3). The abutment plate of the TPD Neo device, marked with the character "R" (right), is placed on the right side of the patient.

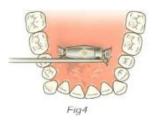
By this way the distraction module of the TPD Neo device is placed with the holes for the locking screw on the right side of the patient.

Caution: Both characters L (left) and R (right) need to be clearly visible while looking in the mouth

# STEP 4

Insert the first 7 mm monocortical self drilling screw of 2.0 mm diameter (Ref 70-707S), only halfway depth with the internal screwdriver insert (Ref 99-909S) mounted in its handpiece (Ref 99-901A) (Fig 4). Insert the second 7mm screw only **halfway depth** 





# STEP 5

Place the TPD NEO distractor wrench (Ref 03-751A) horizontally into the mouth of the patient and bring the head of the wrench over the distraction module of the TPD Neo device (Fig Sa).

Alternative activation is also possible with the TPD NEO Patient wrench (Ref. 03-750S) (Fig 5 b).

Gently push the handle distally to rotate the module from cranially to caudally (downwards) and activate until light pressure is obtained between the two bone surfaces.

#### Warning:

While placing the TPD Neo device avoid at any time to try activation in opposite direction. If so, the distractor module will be blocked against the abutment plates, and this handling will cause inevitable breakage of the distraction rod.

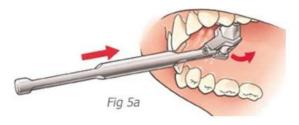




Fig 5b

# STEP 6

Once the distraction module is in horizontal position, tighten rigidly both osteosynthesis screws by using the external screwdriver insert (Ref 99-910S) mounted in its handpiece (Ref 99-901A) (Fig 6). Activate the module until a diasteme occurs of 2 mm between the incisors to control the opposition force.

Deactivate by means of the TPD NEO Patient wrench (Ref. 03-750S)

in opposite way, until the incisors become on their original place and tension disappear.

One resorbable suture on the posterior incision line is a safe measure against postoperative bleeding from the palatal branches.

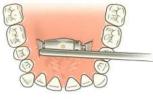


Fig 6

#### STEP 7

Tighten the blocking nut (Ref 03-7000) by means of the TPD NEO Patient wrench: (Ref. 03-750S) while holding the module by means of the TPD NEO distractor wrench (Ref 03-751A) (Fig 7)

# Attention

Do not tighten the blocking nut hardly to avoid damaging the screw-thread of TPD Neo distraction module



## STEP 8

After one week latency period the loose the blocking nut by means of TPD NEO Patient wrench: (Ref. 03-750S) while holding the module by means of the TPD NEO distractor wrench (Ref 03-751A) (Fig 7)

Fia 7

#### STEP 9 Activation

The patient is asked to activate the TPD Neo device 1/3 mm (1 colour code) twice a day with the TPD NEO Patient wrench (Ref. 03-750S) by rotating it downwards, from cranially to caudally until the next colour code appears. Colour codes are red, yellow and blue (3 colour codes = 1 full turn = 1 mm.).

# Attention using of the patient key

Bring the TPD NEO Patient wrench: (Ref. 03-750S) head over the module, with the handle close to the upper incisors (Fig. 8) and pull downwards until the handle touch the lower teeth.

Remove the wrench and turn the wrench head (180°).

Bring the wrench head again over the module, and repeat to pull downwards until the next colour code appears. In difficult cases (restricted mouth opening) TPD NEO distractor wrench (Ref 03-751A) can be useful (Fig 9).

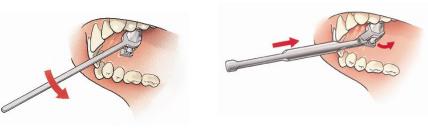


Fig 8



### STEP 10 Achieved expansion period

Once the necessary expansion is achieved, the blocking nut (Ref 03-7000) must be tightened by means of the TPD NEO Patient wrench: (Ref. 03-750S) while holding the module by means of the TPD NEO distractor wrench (Ref 03-751A) (Fig 7)

Control after the first stabilization if the osteosynthesis screws are suntil fixed. Retightening is recommended under local anesthesia.

# Attention:

Do not tighten the blocking nut hardly to avoid damaging the screw-thread of TPD Neo distraction module

# STEP 11

The consolidation period should be at least 4 months.

# STEP 12 Orthodontie treatment

Arch wire appliance is needed to control a perfect dental arch and avoids a U-shape arch phenomena. This to control the expansion less or more anterior, or posterior. Orthodontic alignment can start 1 month or earlier after the end of activation.

# STEP 13 Removal of the TPD Neo device

- Apply local anesthesia.
- Unscrew the blocking nut (Ref 03-7000) by means of TPD NEO Patient wrench: (Ref. 03-750S) while holding the module by means of the TPD NEO distractor wrench (Ref 03-751A) (Fig 7)
- Unscrew a few turns, the osteosynthesis screws in the abutment plates of the TPD Neo device.
- De-activate the distraction module of the TPD Neo device with the of TPD NEO Patient wrench: (Ref. 03-750S) (revolve the key upwards - from caudally to cranially) - revolve three full turns upwards.
- Remove the osteosynthesis screws and revolve the distraction module to complete removal.